

# Winter Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal & Whole Milk Toast & Preserves	Cereal & Whole Milk Toast & Preserves	Cereal & Whole Milk Toast & Preserves	Cereal & Whole Milk Toast & Preserves	Cereal & Whole Milk Toast & Preserves
<b>AM Snack</b>	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg
<b>Main Meal</b>	Creamy Tuna Pasta Bake with sweetcorn	Chicken Tikka Masala	Sweet and Sour Chicken noodles	Macaroni and Cheese with Garden Peas	Chilli ConCarne with Jacket Potatoes
<b>Vegetarian</b>	Creamy cheese Pasta Bake with sweetcorn	Quorn Chicken Tikka Masala	Sweet and Sour Quorn Chicken noodles		Quorn Chilli ConCarne with Jacket Potatoes
<b>Dessert</b>	Adventurers Bake and Stewed Fruit	Martha's Fruit Crumble	Rice Pudding	Shortbread Biscuits	Martha's Flapjack
<b>PM Snack</b>	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg	A Carbohydrate with a selection of fruit & veg
<b>Tea</b>	Pitta pockets served with grated cheese and cherry tomatoes	Fruit scones served with raspberries	Build your own sandwiches! Wholemeal bread, child's choice of cheese or ham. Served with cucumber sticks.	Croissants with Blueberries	Toasted naan bread slices with hummus and apple